



Activities and short breaks

for children and young people
with disabilities

Service directory



Contents

Introduction:

- What is a short break?
- What parents and carers told us
- How we responded

Section 1: Specialist Group-Based and Leisure Activities

HARROW CHILDREN'S CENTRES

- 'Me Time' Sessions for children with disabilities, siblings and parents

KIDS CAN ACHIEVE WITH THE WESTMINSTER SOCIETY

- Holiday Play scheme:
 1. Main play scheme for under 12's
 2. High Achievers
 3. Independent Youth
 4. Specialist Youth
- Kids Can Crew Youth Group

- Saturday Drama Sessions
- Thames Valley Adventure Playground Trip
- Saturday Stay and Play
- After-school club

HARROW MENCAP

- Holiday Club
- Saturday Club

NORWOOD

- Unity and In-Betweeners

VOYAGE

- Wilesden Resources Centre

THE WESTMINSTER SOCIETY FOR PEOPLE WITH LEARNING DISABILITIES

- LDN Living Harrow – Youth (13-18) and Young Adults (19-25)
- Youth Clubs (Evening and Weekends)

- LDN Living Harrow – After Schools and Weekend Club
- LDN Living Harrow – Holiday Play Schemes

Section 2: Day and Overnight Childcare

CORE ASSETS CHILDREN'S SERVICES

- Short Break Carers

FAIR PLAY BARNET

- One Night Taster Breaks
- Two Night Sleepovers
- 4 Night Residential Short Breaks during the Summer Holidays

NORWOOD

- Buckets and Spades – Overnight Short Break and Day Services
- Short Breaks and Domiciliary Care Services

Section 3: Community Outreach

ACTION FOR CHILDREN

- Give It A Go
- Buddy Sessions
- Travel Training

DIMENSION UK

- Buddies - You've Got a Friend

FAIR PLAY BARNET

- One-to-One and Group Support for Disabled Children and Young People in Mainstream Play and Leisure Services

KIDS

- KIDS Short Breaks

KIDS CAN ACHIEVE

- Weekend and Weekday Outreach Services

HARROW MENCAP

- Community Solutions

VOYAGE CARE

- Outreach Support

THE WESTMINSTER SOCIETY FOR PEOPLE WITH LEARNING DISABILITIES (LEARNING DISABILITIES NETWORK LDN)

- LDN Living – Harrow Out and About

OTHER SERVICES

- The Firs Short Breaks Residential Centre

LOCAL ACCESSIBLE SERVICES

- Grange Children's Centre
- Cedars Children's Centre
- Bussy Pre-school
- Harrow Art Centre
- Harrow Music Service





Introduction:

What is a

short break?



Short Breaks and activities are a range of services available to disabled children and their families. They enable parents/carers and siblings to take reliable and regular breaks from their caring duties. This means that they will be able to spend more time with the rest of the family and pursue their own interests.

Disabled children will also be able to learn new skills and develop their independence whilst taking part in fun and exciting activities.

What parents and carers told us:

In 2012, we asked parent and carers what local services they would like to see in Harrow. They told us they wanted to see the following:

Specialists carers to provide overnight support

Complimentary therapy

A local toy library where they could hire or use the specialist equipment

A range of activities that enables their child to experience new activities and develop new skills, such as swimming lessons, horse-riding lessons, etc

A specialist centre where children can have fun and parents can hang out

Transport to enable their child to access activities in the community

Support for parents

Fun activities for siblings

More stimulating outdoor activities

Good quality child care from trusted providers

More regular short breaks, including overnight stays

How we responded

Disabled children and their families will be able to choose from a list of 11 approved providers offering over 30 services in the following areas:

- Specialist group-based play and leisure activities
- Day and overnight childcare
- Community outreach
- Develop new skills and experience fun activities
- Meet new people and make new friends
- Take part in mainstream services and activities

This service directory is a result of an extensive tendering and evaluation process which took place in 2013, to find a range of good quality providers to deliver specialist services for disabled children and their families. Parents/carers and social workers were involved in this process.

These service providers will be working with families to ensure that they achieve the following outcomes:

- Better relationships, through increased support
- Reduced stress

They will also support the child to:

- Achieve greater independence

How to access these services?

- Families can go directly to the service provider and pay for services themselves or be referred by the Children with Disabilities Services, following an assessment.
- A price list is available. Please see insert or contact the provider directly for details.

Section 1:

Specialist group-based and leisure activities



These activities will ensure that children and young people have access to specially designed play provision. These activities will offer children and young people a safe and stimulating environment that supports them to make friends, develop new skills and participate in fun and exciting activities.

These group-based activities may be planned and structured or unstructured programmes and/or one-off events.

Quality Checks: These services should be delivered in a suitable and accessible setting. Organisations should have appropriate registration with Ofsted to provide this service. All activities should be run by experienced and appropriately qualified workers.

Risk Assessment should be undertaken before each activity.



Harrow Children's Centres

'ME TIME' SESSIONS FOR CHILDREN WITH DISABILITIES, SIBLINGS AND PARENTS

Children's Centres will be running variety of activities from 3 different venues across Harrow. Parents will have the option of staying or leaving their child. Siblings up to the age of 9 will also be able to attend these sessions.

Location: Across 3 Children's Centres

When: Term-time only

Length of Session: 1 hour and 59 mins

Capacity: Up to 4 places available at each session for disabled children.

Age Range: 0 - 5 years old

Disability: Non-specific

Children with special educational needs and disabilities can also access the Gange playscheme during the school holidays.

Kids Can Achieve with The Westminster Society

HOLIDAY PLAYSCHEMES

Kids Can Achieve runs a variety of services for children and young people with additional needs during school holidays. All ages and abilities are catered for through the following four play schemes:

1. Main under 12's Play scheme
2. High Achievers
3. Independent Youth
4. Specialist Youth

1. MAIN PLAY SCHEME FOR UNDER 12'S

Each holiday, children take part in themed-related activities at play scheme. Swimming trips take place

once a week and various trips are organised through the holiday, such as Willows Farm and Thames Valley Adventure Playground.

Location: Main venue - Cedars Hall Swimming at Hatch End Swimming Pool
Trips to various places of interest include Willows Farm and Thames Valley Adventure Playground, Bath Road, Taplow, Maidenhead, Berkshire, SL6 0PR

When: School holiday

Frequency: Every day during the school holidays

Length of Session: 5 hours

Capacity: 15 places a day

Age Range: 5 -12 years old

Disability: Autism spectrum/ ADHD/ emotional and behavioural learning difficulties

2. HIGHER ACHIEVERS

The High Achievers' scheme provides a safe place to play and explore. It enables children to develop their social, independence and speech and language skills in a structured environment. Activities include drama, cooking and outings.

Location: The Good News Church, Chicheley Road (Opposite Cedars Hall)

When: School holiday

Frequency: 3 days a week during the school holidays

Length of Session: 5 hours

Capacity: 12 places a session

Age Range: 6-12 years old

Disability: Autism Spectrum

3. INDEPENDENT YOUTH

This play-scheme enables young people to go on a variety trips and outings in the community. This includes to trips to Thames Valley Adventure Playground, the local swimming pool, picnics in the park and bowling.

Location: Various locations in the community

When: School holiday

Frequency: 3 days a week during school holidays

Length of Session: 5 hours

Capacity: 6 places a session

Age Range: 12-25 years old

Disability: Autism Spectrum/ ADHD/ Emotional and behavioural learning difficulties

4. SPECIALIST YOUTH

Specialist Youth scheme is aimed at young people aged 12 to 25 who have more complex needs and require a small group environment, with 1:1 support. Activities include: music, art and games. Trips are also arranged to Thames Valley Adventure Playground.

Location: Various locations including Cedars Hall and Thames Valley Adventure Playground, Bath Road, Taplow, Maidenhead, Berkshire, SL6 0PR

When: School holiday

Frequency: 2 days a week during school holidays

Length of Session: 5 hours

Capacity: 5 places per session.

Age Range: 13-25 years old

Disability: Autism Spectrum/ ADHD/ Emotional and behavioural learning difficulties

KIDS CAN CREW YOUTH GROUP

This youth group provides a safe and secure place for young people with additional needs to meet, socialise and make friends.

The group meets at Cedars Hall and visits various places such as local restaurants, Goals football, Partyman World (an indoor play centre that has a special needs night on a Wednesday). Young people will also have the opportunity to participate in a number of creative workshops, which include graffiti and karate.

Location: Cedars Hall, Harrow Weald and at various locations.

When: Evenings during term-time

Length of Session: 2 hours (longer if there is a trip)

Capacity: 12 places at each session

Age Range: 13 - 25 years old

Disability: Autism spectrum / ADHD/ emotional and behavioural learning difficulties

SATURDAY DRAMA SESSIONS

These sessions offer children and young people the opportunity to experience creative activities through music, movement, song and art. There are two groups: one for 4-8 year olds and the other for 8 – 12 year olds. A drama therapist encourages children to express themselves through role play. There will also be opportunities for children to play freely.

When: Term-time/Day-time during the weekend

Frequency: Saturday during term time (10 weeks each term)

Length of Session: 2 hrs

Capacity: Up to 8 places per session

Age Range: 4-8 years (session 1), 8-12

years (session 2)

Disability: Autism spectrum/ ADHD/ emotional and behavioural learning difficulties

SATURDAY STAY AND PLAY

These sessions allow parents/carers to stay and play with their child. Parents will be able to access specialist resources and toys, a sensory room, ball pond, computer room, art room and a play room with their child. There is also an opportunity to pay to leave your child for the session with trained staff.

Location: Cedars Hall, Harrow Weald

When: Day-time during the weekend

Frequency: Every Saturday

Length of Session: 4 hours

Age Range: 3-12 yrs

Disability: Autism Spectrum/ ADHD/ Emotional and behavioural learning difficulties

THAMES VALLEY ADVENTURE PLAYGROUND TRIP

This trip is run 4 times a year depending on demand for up to 10 young people. Thames Valley Adventure playground is a specially designed setting which enables children & adults with all types of special needs to play and have fun in a safe and stimulating environment.

Activities include wheelchair-accessible roundabouts and swings, multi-sensory rooms to stimulate and relax, with specially-trained staff to provide help and support.

Location: Thames Valley Adventure Playground, Bath Road, Taplow, Maidenhead, Berkshire, SL6 0PR

When: Day-time during the weekend

Frequency: 4 times a year depending on demand

Length of Session: 5 hours

Capacity: Up to 10 places per trip

Age Range: 4-16 yrs

Disability: Autism Spectrum/ ADHD/ Emotional and behavioural learning difficulties

AFTER-SCHOOL CLUB

This club is for children with more complex needs who require 1 to 1 support from a worker. Children will have access to the specialist facilities at Cedars Hall which include the large play room, the light and sound sensory room, the art room, the computer room, the teaching kitchen, outdoor space and a wide range of play equipment, toys and art and crafts materials.

Location: Cedars Hall, Harrow Weald

When: After-school

Frequency: Term time after school

Length of Session: 2 ½ hours

Capacity: up to 6 young people per session

Age Range: 3 – 12 years old

Disability: Autism spectrum/ ADHD/ emotional and behavioural learning difficulties (with more complex needs)

Harrow Mencap

HOLIDAY CLUB

The Holiday Club provides a range of indoor and outdoor activities. Indoor activities will include access to a light and sound room and a soft play area. Outdoor activities will include trips to adventure playgrounds, farms, museums and the cinema. There will also be opportunities to try new activities such as rock climbing and canning.

Location: Kingsley High School and 29 Pinner Green, Harrow.

When: School holiday

Frequency: 4 days a week - during the school holiday. A minimum of 2 days a week per child

Length of Session: Children under the age of 8 - 1 hour - 45 minutes
Children over the age of 8 - 5 hours

Capacity: 12 places

Age Range: 5 - 18 years old

Disability: Complex needs with learning and/or physical disabilities, sensory impairments, autism spectrum, behaviour emotional and social difficulties and mental health problems

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SATURDAY CLUB
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This club enables disabled children and young people to engage in group activities and develop skills, confidence

and independence. A range of indoor and outdoor activities are available, which include sports, cooking, arts and crafts, board games, puzzles and films. They also have access to computers, soft play area and sensory room.

Location: Pinner Green, Harrow, HA5 2AF

When: Day-time during the weekend, term-time

Frequency: Weekly during term-times

Length of Session: 1 hour and 45 mins for children under the age of 8
4 hours for children over the age of 8

Capacity: 12 places

Age Range: 5 - 11 years

Disability: Complex needs with learning and/or physical disabilities, sensory impairments, autism spectrum, behaviour emotional and social difficulties and mental health problems.

Norwood

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UNITY AND IN-BETWEENERS
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These clubs offer age appropriate activities for 5 – 21 years throughout the year. Specially trained staff offer 1-2-1 support and engage with children and young people in a range of activities which are appropriate to their needs and abilities. Activities include day trips to various places, such as the swimming pool or to the cinema.

Location: Kennedy Leigh Children and Family Centre, Edgeworth Close NW4 4HJ, is located in Hendon, North London.

When: Term-time after school, Day-time during the weekend, School holiday periods

Frequency: The following sessions will be available to children and young people with disabilities in Harrow:

Unity Sunday Club (5-11 years)

– Every Sunday during term-time

Unity Sunday Club (12-18 years)

– Weekly, Sundays during term-time

Unity After-school club (12-18 years)

- Weekly, Tuesdays during term-time

In-betweeners (14-21 years) - Weekly, alternate Sundays during term-time

Length of Session: 2 - 2½ hours

Capacity: 15 places, depending on need

Age Range: 6 – 25 yrs

Disability: Complex needs with learning and/or physical disabilities, autism spectrum, behaviour emotional and social difficulties, ADHD/ADD, moderate learning disabilities

Voyage Care

WILLEDEN RESOURCE CENTRE

Willesden Resource Centre is a small intimate day service that provides support and activities to meet the needs of young people with disabilities. Each day the service provides a choice of two activities, as well as the opportunity for individuals to socialise and develop or build new friendships.

Willesden Resource Centre offers a wide range of activities to individuals, including gardening and horticulture, movement therapy, aromatherapy, live music, arts and crafts and development of personal skills (including cookery). In addition, they support individuals with days out and regularly access many of London's attractions.

Children and young people are supported to develop social and communication skills through the use of a variety of communication methods including makaton, pictorial and through using objects of reference.

Location: Willesden Resource Centre.
276 Willesden Lane, LONDON, NW2 5RB

Tel: 020 8451 3838

When: Term-time, school holidays and day-time during the week

Frequency: 2 sessions per day; Monday to Friday

Length of Session: 3 hours

Capacity: Up to 25 places per session

Age Range: 19 - 25 yrs

Disability: Complex needs including challenging behaviour with learning and/or physical disabilities

Section 2:

Day and Overnight

Child Care



These services will provide good quality childcare, for families with disabled children, during the day and overnight, in and outside the family home.

Quality Checks: These services should be run by experienced and appropriately qualified workers. The organisation should also have appropriate registration with Ofsted or Care Quality Commission (CQC) to provide this service.

Risk Assessment should be undertaken before each activity.



Core Assets Children's Services

SHORT BREAK CARERS

Short break carers will provide one-to-one care during the day and overnight for disabled children and young people. Carers are experienced, fully qualified and approved to provide care to disabled children. All carers are recruited and trained under the Fostering Services Regulations.

A carer will be identified through careful matching to work with the family. Support tailored to meet the family's needs and will also be available in an emergency.

Location: In the carer's own homes and/or within the family home. The carers may also take children out into the local community to access services.

When: Any time including overnight

Frequency: 7 days a week

Length of Session: Depending on family's needs.

Capacity: As and when required

Age Range: 0 - 25 years old

Disability: Complex needs with learning and/or physical disabilities, complex needs with learning and/or physical disabilities, autism Spectrum, moderate learning disabilities.

Fair Play Barnet

ONE NIGHT TASTER BREAKS

Small groups of up to 10 young people will be taken on a 1-night break to Lee Valley Youth Hostel. They will stay in accessible accommodation and undertake adventurous activities during the day at Herts Young Mariners Base.

Activities include: caving, climbing, canoeing, bush craft, bell-boating.

A team of Fair Play Barnet support workers will facilitate their inclusion in these activities.

Location: Herts Young Mariners Base and Lea Valley Youth Hostel in Cheshunt

When: School holiday, Day-time during the weekend, Evening, Overnight, After-school

Frequency: 4 times a year

Length of Session: Up to 30 hours

Capacity: 10 places

Age Range: 11 - 18 yrs old

Disability: All disabilities

TWO NIGHT SLEEPOVER

Small groups of up to 6 children and young people will be taken on a 2-night sleepover break at the

Northern Heights Guide Camp in Elstree. They will stay in accessible accommodation and undertake a range of outdoor activities. These breaks are particularly suited to those children who have not stayed away from home before. Activities include: nature trails, night walks, cooking, assault courses, and wide games.

A team of Fair Play Barnet support workers will facilitate their inclusion into the activities.

Location: Northern Heights Guide Camp in Elstree

When: School holiday, Day-time during the weekend, Evening, Overnight, After-school

Frequency: 4 times a year

Length of Session: Up to 50 hours

Capacity: 10 places

Age Range: 8 - 11 yrs

Disability: All disabilities

4 NIGHT RESIDENTIAL SHORT BREAKS DURING THE SUMMER HOLIDAYS

Small groups of up to 6 children and young people with disabilities will be taken on a 5 day and 4 night summer holiday break. They will stay in accessible accommodation and undertake a range of outdoor activities. Children will be supported to access activities, with appropriate adjustments where necessary.

Possible Locations: Hindleap Warren Centre in Sussex; Woodrow High House in Buckinghamshire; Calvert Trust in Exmoor – This venue offers fully accessible sports, recreation and accommodation for children and young people with the most complex and profound difficulties

When: School holiday

Frequency: 1 holiday per year for Harrow. Spaces also available on 4 holidays per year with other boroughs

Length of Session: 4 night summer holidays from a central accessible meeting point from 9am on Monday mornings and return 5pm on Friday. A total of 104 hours

Capacity: 10 places on each holiday

Age Range: 11 - 18 yrs

Disability: All disabilities

Norwood

BUCKETS AND SPADES - OVERNIGHT SHORT BREAK AND DAY SERVICES

Buckets and Spades is Norwood's purpose built centre providing overnight short breaks for children and young people with learning and physical disabilities.

The service offers activities such as arts and crafts, cooking, and a sensory room. They also offer outdoor play in the garden and sporting activities. In the daytime the children are encouraged to take part in activities such as swimming, bowling and visiting places of interest such as the zoo, local parks and bowling.

Location: Buckets and Spades Lodge, 1 Fairholme Gardens, London N3 3ED, is located in Finchley, North London.

When: Anytime

Frequency: 7 days a week

Length of Session: Minimum of 5 hours during the day and 24 hours long overnight

Capacity: 9 spaces available at overnight and day service.

Age Range: 0 - 18 yrs

Disability: ADHD/ADD, behaviour emotional and social difficulties, complex needs with learning and/or physical disabilities

The Westminster society for people with learning disabilities

SHORT BREAKS AND DOMICILLARY CARE SERVICES

This service will provide tailored packages of care and support to disabled children and their families in their home during the day and over night. The service will work flexibly as required to meet the families' needs; responding to emergencies out of working hours through a 24 hour 'on-call' system.

Location: In the family home.

When: Anytime

Frequency: 7 days a week

Length of Session: Dependent on family's needs

Age Range: 0 - 25 yrs

Disability: ADHD/ADD, behaviour emotional and social difficulties, complex needs with learning and/or physical disabilities, autism spectrum, moderate learning disabilities

Section 3:

Community outreach



These services will ensure that disabled children and young people are included and integrated into mainstream services and activities.

During consultation, parents told us that they wanted their child to have greater access to services in the community and to develop skills and experience in activities that they were unable to offer their child.

This service will enable disabled children and young people to participate in existing services and activities in the community, such as swimming, play, sailing and other outdoor pursuits.

Quality Checks: All activities should be run by experienced and appropriately qualified workers.

Risk Assessment should be undertaken before each activity.



Action for children

GIVE IT A GO!

Menu of activities (taster sessions) enabling children and young people to build their confidence, make new friends and access mainstream services. This will include access to specialist activities such as wheel chair basketball/badminton/rugby/football, boccia, sitting volleyball, swimming and dancing. Children and young people will also have access to a range of mainstream sport, leisure, cultural and educational activities to meet their needs.

BUDDY SESSIONS

These sessions will provide tailored support to children and young people in the home, the community and further afield. A child/young person will

be allocated an experienced skilled support worker.

TRAVEL TRAINING

This service will enable children and young people to become independent travellers, as they develop their skills and confidence through hands on support. This service will be provided on a one-to-one or group basis. Staff are trained to deliver travel training and to undertake risk assessments, route planning.

Location: Various venues In the community

When: Any time

Frequency: 7 days a week

Length of Session: Dependent on the needs of the young person

Capacity: 1-2-1 and small groups

Age Range: 5 - 18 years old

Disability: All disabilities

Dimension UK

BUDDIES

- YOU'VE GOT A FRIEND

Buddies@Home This service will help families to develop their confidence in managing challenging times.

Children will learn and achieve as they develop their confidence and independence by participating in fun activities.

Buddies, You've Got a Friend provide support to disabled young people aged 13-18 to access the local community and mainstream activities. You've Got a Friend will offer a one-to-one buddy to support young people to access activities, meet friends and build confidence. Children and young people will be able to choose what they want to do.

Location: Local mainstream services

When: Any time

Frequency: 7 days a week

Length of Session: up to 4 hours

Capacity: 1-2-1 support

Age Range: Buddies @ Home: 6 – 12 years old; Buddies, You've Got a Friend: 13 – 18 years old

Disability: Complex needs with learning and/or physical disabilities, sensory impairments, Autism Spectrum, moderate learning disabilities, behaviour emotional and social difficulties.

Fair Play Barnet

ONE-TO-ONE AND GROUP SUPPORT FOR DISABLED CHILDREN AND YOUNG PEOPLE AT MAINSTREAM PLAY AND LEISURE SERVICES

This service will enable disabled children to participate in existing non-specialist play provision, local after-school clubs and other activities, such as scouts, sports and arts activities. Support will be provided by a trained support play worker who will ensure that the child's needs are met.

The worker will support the child to develop their independence whilst attending an activity of their choice. As the child becomes more independent and comfortable at the youth club or play scheme support will be reduced, if appropriate.

Location: Non-specialist play and leisure services such as, after-school, play and youth clubs.

When: Any time

Frequency: 7 days a week

Length of Session:

Holidays - between 3 - 6 hours

After school and weekend - 2.5 hours

Age Range: 0 - 18 yrs

Disability: All disabilities

KIDS

KIDS SHORT BREAKS

This outreach service matches the child/ young person with a suitable worker according to the needs and interests of the child. This worker will take them out and about, play with them at home or accompany the family to appointments or activities.

The worker will plan and arrange activities with the child and parents/ guardians, encouraging the child to have as much control over the breaks as possible.

A helpline is also available so that there is always someone on hand to assist with query.

Location: In the family home and the community

When: Any time

Frequency: 7 days a week

Length of Session: Minimum 3 hours

Age Range: 0 - 25 yrs

Disability: All disabilities

Kids can achieve

WEEKEND AND WEEKDAY OUTREACH SERVICES

This service will assist children and young people, with varying needs and

abilities, to access the community. Young people will be supported to access the cinema, swimming pool, activity centres, ice skating, restaurants, shopping, cooking activities, arts and crafts and much more.

Support is tailored to meet the child's needs. Children are also taken out in groups with children with similar interests to encourage them to socialise.

Location: In the community and Cedars Hall, Harrow Wealdstone.

When: Any time

Frequency: Every Saturday and Sunday during term-times and daily during school holidays

Length of Session: 4 - 6 hours

Age Range: 3 - 25 yrs

Disability: ADHD/ADD, complex needs with learning and/or physical disabilities, autism spectrum, moderate learning disabilities, behavioural emotional and social difficulties

Mencap

COMMUNITY SOLUTIONS

Provides a direct support young people, through a designated personal assistant (PA) within the community. Following an assessment the child/ young person is matched to a personal assistant who has the skills and experience to meet their needs. The PA supports the young person to access community activities, which includes the local gyms, mainstream youth groups, cinemas, adventure parks, local shops, museums, theatres, leisure centres and colleges. We work with children and young people on developing their skills, looking at their aspirations and goals and supporting them into education, training and employment. In addition, we provide respite care and support to families

which allows parents and other siblings to follow hobbies and other pursuits away from their caring responsibilities.

Location: In the community - accessing community facilities

When: Term-time, school holiday, day-time during the week, day-time during the weekend, after-school, evening

Frequency: 7 days a week

Length of Session: 2 - 6 hours

Capacity: 1-2-1 and small groups

Age Range: 6 - 25 years old

Disability: Complex needs with learning and/or physical disabilities, Autism Spectrum, sensory impairments, complex needs with learning and/or physical disabilities, Mental Health Problems, behaviour emotional and social difficulties.

Voyage Care

OUTREACH SUPPORT

This service provides flexible support in the home or in the local community to suit the child's and family's needs.

There is a large bank of staff, with a range of skills and interests that can be matched to each child. They will support each child to achieve their specific goals and outcomes as part of the package of support. This may include the development of independence skills, support to access education, training and employment opportunities.

Regular packages of support are designed and delivered to meet the assessed needs of the child and family.

Location: Local mainstream services and out of borough trips

When: Anytime

Frequency: 7 days a week

Length of Session: To be agreed on a case by case basis.

Capacity: 1-2-1 support

Age Range: 19 - 25 yrs

Disability: Complex needs with learning and/or physical disabilities

The Westminster society for people with learning disabilities

LDN LIVING - HARROW OUT AND ABOUT (CHILDREN & YOUNG PEOPLE)

This service will enable children and young people to take part and access a range of services and activities within their local community. Children and young people will be supported

to access swimming, sporting and exercise sessions, sailing, horse riding and play sessions within mainstream settings and youth services. They will also be supported to access a range of activities that will meet the needs, wants and aspirations.

There will be opportunities for them to access their chosen activities and interests either on a one-to-one basis or as part of a small group.

Location: Various places in the community

When: Anytime

Frequency: 7 days a week

Length of Session: After school and weekend – 2 ½ hours; Holidays - between 3 - 6 hours

Age Range: 6 - 25 yrs

Disability: All disabilities

Referral Only - Specialists Services

THE FIRS

The Firs provides a flexible short breaks centre, which is available for child/young person between the ages of 5 and 17 who has a severe learning disability. The aim is to provide children/young people who have severe learning disabilities with a variety of experiences and relationships outside of their own home whilst also providing families with a break from meeting the additional support needs of the children/young people.

Access to service: Referral only by the Children with Disabilities Service.

When: During school term and in school holidays (day care service offered in school holidays)

Capacity: Term-time: Up to 4 children can stay overnight at any one time. However, this depends on the support needs of each child. There is one down stairs bedroom, which limits the number of wheelchair users on each night, however with careful planning, the service is able to provide care for a number of wheelchair users throughout the term.

Half term holidays: Only day care service are offered. Overnights are not available.

Summer holidays: Longer periods of care are provided – five to seven overnights. Day trips and centre-based activities are arranged.

Age Range: 5 - 17

Disability: Children/young people with a severe/moderate learning disability, who also may have a physical disability and other complex needs such as epilepsy and children who require gastrostomy feeding.

Local Accessible Services

In 2013 the following services received a small grant to make their services more accessible to disabled children and their families.

GANGE CHILDREN'S CENTRE

This Children's Centre has purchase new equipment and re-designed its sensory room.

Address: Gange Children's Centre, 68 Canning Road, Wealdstone, HA3 7SN

Tel: 020 8427 0134

CEDARS CHILDREN'S CENTRE

This Children's Centre has installed a ramp to make the services more accessible.

Address: @ Cedars Manor First School, Whittlesea Road, Harrow Wealdstone, HA3 6LS

Tel: 020 8736 6222

BUBSY PRE-SCHOOL

A pre-school based in Pinner Green have made their facilities more accessible by purchasing specialist and sensory equipment for disabled children.

All children, including those with disabilities or special needs will be able to attend this pre-school, as they will be equip to meet their needs.

Address: 35 Pinner Green, Pinner, HA1 2AF

Email: info@bubsypreschool.org

Website: www.bubsypreschool.org

Tel: 020 8432 9629

HARROW ART CENTRE (HAC)

HAC provides art, storytelling and drama workshops for children and families. It also provides professional performances for children and performance opportunities for children themselves.

HAC have used this funding to make their activities and performances more accessible and inclusive to disabled children.

Address: 171 Uxbridge Road, Hatch End, Middlesex, HA5 4EA

Email: harrowartscentre@harrow.gov.uk

Tel: 020 8416 8989

HARROW MUSIC SERVICE (HSM)

HSM will provide opportunities for children with disabilities to play instruments and to participate in music ensembles and/or creative music projects.

Address: 171 Uxbridge Road, Hatch End, Middlesex, HA5 4EA

Email: harrowmusicservice@harrow.gov.uk

Tel: 020 8416 8960

HARROW LEISURE CENTRE

Harrow Leisure Centre will provide opportunities for children and young people with disabilities to participate in sports and the London Youth Games. The centre has purchased specialist equipment to enable disabled children to participate in Paralympic sports and other activities.

Address: Christchurch Avenue, Harrow Middlesex HA3 5BD

Tel: 020 8901 5980

Other support services and places to go

ASPIRE

Aspire offers practical support to people living with spinal cord injuries. They provide a wide range of leisure and sport activities for children and young people, which include badminton, tennis, basketball, football and table tennis.

Address: Aspire National Training Centre, Wood Lane Stanmore, HA7 4AP

Tel: 020 8952 5759

Email: info@aspire.org.uk

Web: www.aspire.org.uk

FAMILY FUND TRUST

This is an independent organisation that gives grants and helps low-income families caring for disabled children.

Email: info@familyfund.org.uk

Tel: 08449 744 099*

Textphone: 01904 658085

Fax: 01904 652625

Web: www.familyfund.org.uk

Directory

ACTION FOR CHILDREN

Tel: 0207 221 3290 and 07809 595237

E-mail: ask.us@actionforchildren.org.uk

Website: www.actionforchildren.org.uk/contact-us

CHILDREN'S CENTRES

Contact: Children's Centres

Tel: 020 8736 6222 (Cedars Children's Centre)

Tel: 020 8422 4692 (Hillview Children's Centre)

Tel: 020 8416 8400 (Kenmore Park Children's Centre)

Tel: 020 8427 0134 (Gange Children's Centre)

E-mail: kim.eldridge@harrow.gov.uk

stanmorepark@harrow.gov.uk

Website: www.harrow.gov.uk

CORE ASSETS CHILDREN'S SERVICES

Tel: 07587 669527

E-mail: contactus@coreassets.com

Website: www.coreassets.com

DIMENSION UK

Tel: 0300 303 9076

Email: Buddies@dimensions-uk.org

Website: <http://www.dimensions-uk.org/dimensions-buddies>

FAIR PLAY BARNET

Tel: 020 8203 1257

E-mail: shortbreaks@Fairplaybarnet.org.uk

Website: www.fairplaybarnet.org.uk

HARROW MENCAP

Tel: 020 8869 8484

Tel: 07814 818320

E-mail: mencap@harrowmencap.org.uk

Website: www.harrowmencap.org.uk

Directory

KIDS

Tel: 0207 359 3635 (office)

E-mail: enquiries@directshortbreaks.org.uk

Website: www.kids.org.uk

www.directshortbreaks.org.uk

KIDS CAN ACHIEVE WITH THE WESTMINSTER SOCIETY

Tel No: 020 8420 2300

E-mail: info@kidscanachieve.co.uk

Website: www.kidscanachieve.co.uk

NORWOOD

Tel: 020 8420 6846 (general)

Tel: 020 8457 4477 Bucket and Spades

Tel: 020 8809 8637 and 07717 799882 (Unity)

Email: info@norwood.org.uk

Website: www.norwood.org.uk

THE FIRS – SHORT BREAKS RESIDENTIAL CENTRE

Tel: 020 8422 5156

THE WESTMINSTER SOCIETY

Tel: 020 8968 7376

Tel: 07985 353591

Tel: 07940 790641

Tel: 020 8968 2690 (general)

E-mail: cfoyle@wspld.org

fsmith@wspld.org

Website: www.wspld.org.uk

VOYAGE CARE

Tel: 01543 442 568 / 07912 389 877

E-mail: philalexis@voyagecare.com

Website: www.voyagecare.com

For up-to-date information

Search for Services for Children with Disabilities at www.harrow.gov.uk

Contact: Children with Disabilities Service

Email: childrenwithdisabilities@harrow.gov.uk

Address: Alexandra Avenue Health & Social Care Centre

275 Alexandra Avenue

South Harrow

HA2 9DX

Tel: 020 8966 6481

Contact: Family Information Service (FIS)

Email: fis@harrow.gov.uk

Address: Civic Centre

Station Road

Harrow

HA1 2UW

Tel: 020 8901 2690